

Physiology

PAPER 1

ENDOCRINE PHYSIOLOGY

ESSAY

1. Thyroid + Hypothyroidism
2. Insulin & Diabetes Mellitus
3. Hypothalamus + nuclei + hypothalamic obesity
4. Pituitary + growth hormone + acromegaly
- ~~5. Cortisol~~
6. Adrenal Cortex + Glucocorticoids + Cushing's syndrome
7. Glucose homeostasis + ~~GTT~~
8. Serum Ca conc. + tetany
9. Hormones of Neurohypophysis + diabetes insipidus
- ~~10. Adreno-medullary hormones~~
11. Aldosterone + Addison's
12. Thyroxine Synthesis+ hypo/hyper secretions
13. Anterior pituitary hormones

SHORT NOTES

1. Myxoedema
2. Conn's syndrome
3. Functions of glucocorticoids
4. Parathormone
5. -ve feedback mechanism in hormone control
6. Thyrotoxicosis
- ~~7. Adrenogenital syndrome~~
8. Neuroendocrinal reflex
9. Tubular maximum for glucose
10. Acromegaly
- ~~11. Adrenaline and Noradrenalin~~
12. Thyroid funct. Tests and importance
13. Pheochromocytoma
14. Dwarfism
- ~~15. Glucagon~~
16. Calcitriol
17. Thyrotoxicosis

GIT

ESSAY

1. Gastric juice
2. Pancreatic juice
3. Phases of deglutition
4. Functions of liver + Jaundice
5. Salivary glands + secretions
6. Gastrointestinal hormones
7. HCl secretion – regulation and phases

SHORT NOTES

1. Bile
2. Gastric Emptying
3. Entero hepatic circulation of bile
4. Succus Entericus
5. Movts of small intestine
6. Fat absorption
7. Defecation reflex
8. Pancreas endocrine funct.
- ~~9. Large intestine functions~~
10. Bile salts + enterohepatic circulation
11. Vomiting – tests and disorders
12. Gastric movements + motility
13. Peristalsis
14. Myenteric reflex
15. Dietary fibre
16. Intestinal motility
17. Regulation by vagus, atropine, adrenaline etc on peristalsis
18. Intestinal villi + funct.
19. Digestive proteases
20. Deglutition reflex
21. Counter-current blood flow in villi
22. Pathophysiology of peptic ulcer

REPRODUCTION

ESSAYS

1. Menstrual cycle + ovarian changes
2. Hormonal and endometrial changes during Menstrual cycle

↳ Protective and Damaging factors for gastric mucosa.

SHORT NOTES

1. Semen composition and its application as diagnostic tool
2. ~~Formation~~ And functions of Corpus luteum
3. Indicators of ovulation*
4. Mechanism of Parturition
5. Female contraceptive methods
6. Hormones acting on Breast
7. **Pregnancy tests + physiological basis** * * *
8. Feto maternal units/Feto-placental unit*
9. Lactation
10. Spermatogenesis +hormones * *
11. hCG
12. Castration in males and females before and after puberty
13. Testosterone
14. Placenta
15. Ovulation + tests * *
16. Oral contraceptives
17. Puberty
18. LH surge
19. ~~Tests for fertility in males and females~~
20. Contraceptive methods
21. Milk ejection reflex * *
22. IUCD
23. Endometrial changes in secretory phase
24. **Sertoli cell functions** * * *

EXCRETION

ESSAYS

1. **Countercurrent mechanism** * * *
2. Concentration of Urine + ~~renal function tests~~
3. **GFR + inulin clearance** * * *
4. Mechanism of urine formation
5. Filling and emptying of urinary bladder+ micturition reflex + cystometrogram * * *
6. ~~Artificial kidney~~

SHORT NOTES

1. **JGA + functions** * * *
2. Cystometrogram * *
3. **Tubuloglomerular feedback** * * *
4. Reabsorption of water from kidneys
5. Acidification in urine
6. ~~Vasa recta~~
7. ADH
8. Diuretics
9. Renal clearance
10. P amino hippuric acid
11. **Renin angiotensin mechanism** * * *
12. Renal threshold
13. ~~Phosphate buffer in kidneys~~
14. ~~Thiocyanate space~~
15. Renal circulation
16. ~~Abnormalities of micturition~~
17. Transport maximum
18. Dialysis

BLOOD

ESSAYS

1. **Haemostasis** * * *
2. Immunity
3. Erythropoiesis and factors controlling it
4. **Role of platelets in coagulation + anticoagulants** * * *
5. Plasma proteins
6. **Coagulation + haemophilia + haemorrhagic factors** * * *
7. **Blood Groups** * * *

SHORT NOTES

1. Lymph
2. ~~Immunoglobulin formn and funct~~
3. ~~Albumin : Globulin Ratio~~
4. Plasma Volume -determination
5. **Erythroblastosis fetalis** * * *
6. Thrombocyte
7. Functions of blood
8. ~~B-lymphocytes~~
9. Erythropoietin

10. Calcitonin
- ~~11. T lymphocytes~~
12. Blood transfusions
13. Haemophilia
14. RBC life span
15. Plasmapheresis
16. Diff b/w humoral and cellular immunity
- ~~17. Osmotic potential + albumin~~
18. Fibrinolytic system
19. Anti-coagulants

MUSCLE

ESSAYS

1. Smooth muscle and skeletal muscle diff
2. Skeletal Muscle

SHORT NOTES

1. Sarcotubular system
2. Sarcomere
3. Tetany
4. Neuromuscular junction
5. Muscle proteins
6. Ca²⁺ role in muscle contraction
7. Sliding filament theory
- ~~8. Neuromuscular blocking agents~~
9. Fatigue in skeletal muscle
10. Molecular basis of muscle contraction
11. EC coupling
12. Rigor mortis
13. Excitable tissue – properties
14. RMP in a single muscle fibre
15. Diff b/w single and multi unit muscle fibres
16. Isotonic, isometric, preload and afterload contractions
17. Diff. Between skeletal, cardiac and smooth muscle

MISCELLANEOUS

1. ECF+ body fluid compartments
2. Transport mechanisms across cell membrane

3. Carrier mediated transport
4. Action Potential and its ionic basis
5. Saltatory conduction
- ~~6. Functions of skin~~
7. Cytoskeleton
8. ECF volume
9. ECF measurement
10. Facilitated diffusion
11. ECF regulation
12. Tissue fluids
13. Gating of channels
14. Compound action potential
15. Neuroglia functions
16. Nerve fibre classification
17. Refractory period
18. Intercellular concentration
19. Thermoregulation by skin
20. 2nd messengers
21. Action potential
- ~~22. Sweat glands~~
- ~~23. BMR~~
24. Na K pump
25. Starling forces and oedema
26. Neurohumoral reflexes
27. Negative feedback mechanism
28. G-protein
29. Autoimmune diseases
30. Hypothalamic thermostat
31. Functions of skin

PAPER 2

CVS

ESSAYS

1. Cardiac cycle + mechanical changes during cardiac cycle + heart sounds + pressure changes in aorta, left ventricle and atria.
2. BP + normal value + regulation + hypertension + measurement
3. Cardiac Output + regulation + MCI
4. ECG + abnormalities + lead 2
5. Heart innervations + Regulation of Heart rate + Arrhythmias

Phases of Action Potential (Diag.)

Membr. Potential of Pacemaker Tissue (Diag.)

6. Cardiac impulse + Heart Block + Conducting System + AP of ventricular muscles + Pacemaker potential

32. S.A. node. And pacemaker potential

33. Myasthenia gravis

34. Baroreceptor mechanism

35. Chemoreceptor mechanism

36. Long term regulation of BP

37. CNS Ischaemic control of BP

38. Kirchoff's law and Einthoven's law

39. Endothelins

40. Hypovolemic Shock

41. Cardiac Index

7. Hypovolemic Shock + Compensatory mechanisms

Rao Sir's slide

8. Pulmonary circulation + regulation

9. Foetal Circulation + PDA

Barro. reflex

10. Marey's law + Reflexes based on it

Bainbridge

11. Vasomotor centre (input, output, functions)

Bezold-Jarisch

Cushing's reflex

J-rec.

12. Mechanism of blood flow to diff organs

13. Properties of cardiac muscle + physiological significance + refractory period

ARP, RRP, Frank-Starling law

14. Regulation of blood pressure

Short-term
Intermediate
Long-term

CNS

ESSAYS

1. CEREBELLUM + functional divisions + structure,

connections, and functions + cerebellar lesions, disorders

2. Ascending tracts + pain pathway + referred pain

3. Stretch reflex + muscle spindle + reciprocal inhibition
inverse stretch reflex (diagrams)

4. Basal Ganglia

5. Functions of Hypothalamus and its connections

6. Descending tracts + Pyramidal tracts + effects of lesions

7. Synapse + mechanism of transmission + properties + central neurotransmitters

8. CSF

9. Reflex arc diagram + muscle tone maintenance

10. Reticular formation

11. Diagram of primary and association areas of cerebral cortex + connections of frontal lobe

12. Fine touch pathway + sensory homunculus

13. Internal capsule + its lesion effects

Parkinson's disease

Babinski's sign

Types of synaptic inhibition

SHORT NOTES

Special features of Coronary Circ.

1. Coronary blood flow

2. Heart sounds

+ murmurs

3. Korotkov's Sound

4. Heart failure

5. Mean arterial and pulse pressure

6. JVP → diagram

(Formulas ..)

7. P-R interval

$HR \times SV = CO$

8. ~~Cardiac output~~

$CO \times TPR = BP$

9. Arterial pulse

10. Microcirculation

11. Heart rate

12. Conducting tissue of Heart

13. ST segment

14. Starling's force (of capillaries)

C with Pressure

15. Carotid body

16. Triple response

17. All or none law

18. Circulation time

19. Fick principle

20. Ventricular action potential

21. Frank-Starling's law

22. Vaso vagal syncope

23. ~~Heart failure~~

24. ~~Heart failure~~

25. Refractory period

26. Isometric contraction phase of ventricle

27. Cardiac reserve

28. Auto rhythmicity in cardiac muscle.

29. Peripheral resistance.

30. Venous return.

31. Cardio-vascular changes during exercise.

All Pathways Tracts

↓
Rao Sir's Diagrams!

Pain: Gait control theory
Central analgesic system
Modulation of Pain
Fast, Slow Pain
Referred Pain

Properties, laws of Projection, Weber-Fechner law.

14. Receptors + classification + properties

15. Brown-Sequards' syndrome

SHORT NOTES

1. Rem & non rem sleep

2. Chronaxie rheobase

3. Parkinson's disease

4. Decerebrate rigidity + Decorticate

5. Function of parietal lobe

6. Function of thalamus

7. Electroencephalograph : waves

8. Conditioned reflex : Types

9. Salutatory conduction

10. Blood brain barrier

11. Wallerian degeneration

12. Nerve fibres classification

13. Lateral hemisection of spinal cord

14. Monosynaptic reflex

15. Somaesthetic cortex

16. Occlusion and subliminal fringe, Summation

17. ~~muscle spasm~~

18. Receptors adaptation

19. Papez circuit : Limbic System

20. Conditioned reflex

21. Dorsal column-lemniscal system.

22. Antero-lateral sensory system.

23. Central analgesic system (Brain opiate system or Brain analgesic system.

24. Effects of posterior nerve root lesions.

25. Effects of anterior nerve root lesions.

26. Visceral pain.

27. Functions of gamma neurons.

28. Primary motor area.

29. Physiology of memory.

30. Functions of limbic system.

31. Slow wave sleep.

32. E.E.G Rhythms.

33. Aphasias

34. Central connections of trigeminal nerve.

35. Lower motor neuron lesion/ upper motor neuron lesion : Difference

36. Withdrawal reflex.

37. Inverse stretch reflex.

38. Reciprocal inhibition.

39. Frontal lobe syndrome.

• Mass - Reflex

40. Crossed extensor reflex.

41. Righting reflexes.

42. Complete transection of spinal cord

43. Strength - Duration curve (SD curve)

44. Saturday night palsy

45. Phantom limb

46. EPSP and IPSP

47. Gamma motor neuron

48. Action potential

49. Neuroglia

50. Mechanism of conduction + saltatory

51. Triple response
52. Aphasia
- 53.
54. Induction of sleep
55. Decorticate rigidity
56. Climbing, Mossy and parallel fibres
57. Role of Purkinje cells in cerebellum
58. Vestibulocerebellum
59. Syndrome
- 60.
61. Classify Memory
62. Classical Conditioning
63. Operant Conditioning

SPECIAL SENSES

1. Otolith organ
2. Refractive errors of the eye
3. Visual pathway +lesions *
4. Travelling wave theory*
5. Theories of hearing
6. Accommodation of the eye
7. Explain 'Dark Adaptation'
8. Organ of corti
9. Pupillary light Reflexes.
10. Taste pathway
11. Middle ear
12. Colour blindness
- 13.
14. Aqueous humour
- 15.
- 16.
17. Colour vision
18. Olfactory pathway
19. Taste buds
20. Hearing tests + Rinne's
21. Visual acuity
22. Basilar membrane
23. Attenuation reflex
24. Macula lutea
25. Near response
26. Light reflexes +pathways
27. Retina
28. Intra ocular fluids
29. Photoreceptors
30. Audiometry
31. Crista, macula
32. Vestibular apparatus
33. Organ of corti

RESPIRATION

ESSAYS

1. neural regulation of respiration+ periodic breathing + herring breur reflex **
2. hypoxia +types +oxygen therapy + acclimatization
3. Chemoreceptors + chemical control of breathing+ cheyne stokes breathing
4. Differentiate between Types of Respiratory Failure
5. Differentiate between Obstructive and Restrictive Respiratory Diseases

SHORT NOTES

1. CO₂ transport
2. O₂ transport
3. Lung function tests
- 4.
5. Compliance of lungs
6. Artificial respiration
7. Lung volumes and capacities*
8. Surfactant**
9. Chloride shift
10. Timed vital capacity
11. O₂ dissociation curve
12. Non respiratory functions of lungs
13. Spirogram
14. Dysbarism/Decompression sickness
15. Maximum breathing capacity
- 16.
17. Functional Residual Capacity
18. Periodic breathing
19. Acclimatization
20. V/Q ratio
21. Cyanosis
22. Voluntary hyperventilation
23. Dyspnoeic index
24. Residual Volume
25. Airway Resistance
28. Timed vital capacity
29. Gas exchange in lungs
30. Dead space*
31. Cough reflex
32. Caisson's disease