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Rath yatra



Ask Odias about Odisha's culture, and they will sing you a ballad about Rath Yatra, because why not? What better than Rath Yatra to aptly describe the rich Odia culture? Rath Yatra or The Cart festival is one of the most ancient and famous festivals of India. It is celebrated with pomp and show in Odisha. This year, by Lord Jagannath's grace, when the COVID situation got a little better, the people of Odisha got to witness their favourite festival after 2 long years. Being an Odia myself, I couldn't help going to ISKCON Temple, even in the drizzling rain, to see the deities in their raths. The feeling of seeing hundreds of devotees, swaying with their hands in the air and chanting "Jai Jagannath, Jai Jagannath" was so vitalizing. I could see many drones flying above, trying their best to capture this phenomenal sight. The cultural extravaganza echoing all around really amazed me. The priests and the devotees singing "Hare Krishna, Hare Rama" could be heard from a mile away. I made my way towards Lord Jagannath's cart, and oh my god! Crowded would be an understatement. I am not so much of a spiritualist, but when I saw Lord Jagannath, I could feel the sound around me slowly fading away. Human vocabulary will never suffice to describe the power, beauty and depth Lord Jagannath's eyes hold. It gravitates one's attention in such a way that one doesn't feel like looking away. As I was strolling with my friend along the beautifully lit roads, I noticed the variety of sweets in the shops and one of them caught my friend's attention, the colour being like kala jamun, and she asked me "What's this?" I proudly said 'malpua', our purely Odisha sweet. The sight of children pleading with their parents to buy them toys and balloons brought back infinite childhood memories. There were so many rides, and one of my favourites, is the giant wheel. As I sat on it, I could see flashbacks of my childhood. Oh, what simpler times! I returned with a feeling of solace and a pouch full of roasted chana, my favourite Rath Yatra treat. So, I think it's safe to say that Rath Yatra is the soul of Odisha, and it brought back Odisha to life after 2 long years.



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REMINISCENCE

THE STORY:

The story is about a homicide detective named Jessica Jones who had a car accident, and lost her husband and daughter in it. She suffered from amnesia soon after. But as she dug deeper into a murder case she was investigating, the strings got untangled that led her back to the accident. The story twists and turns as it becomes clear that Jessica was in an extra marital affair with the murder victim, a drug dealer named Harvey Grant, and had a child with him. This relationship did not go unnoticed by her husband, Jake Watson, who eventually, out of extreme grief and vengefulness, murdered Harvey. The discussion that followed between Jessica and Jake did not go well and ended with Jake crashing the car.

THE EVENT:

The event saw hundreds of participants from all over the country, of varying age groups and streams. Organized primarily by Lumiere, the Web and IT Committee of the Students' Association of AIIMS Bhubaneswar, the event **REMINISCENCE** was a huge success as second of its kind after last year's Murder Ballad. The participants (yours truly was one of them) had a great time trying to decode ciphers, figuring out autopsy reports and getting misled from the track by some deceiving and distracting hints. Those 2 hours saw the peak of team work as well as the limits of people's deduction skills. The answer keys with explanations were announced shortly after, and the winners in a couple of days. Considering that it was an online event, the coordination and effort by the organizing team was highly commendable!

THE TEAM:

Actors: Bindurekha Nag, Rishabh Ghosh, Pranjan Bera

Voice actors: Shada Md Shaheed, Karthika Raju, Aadarsh A Shrivastava, Ayooj, Rabeeh Kalathil

Plot: Ayooj, Ashutosh Panda, Madhukishan S

Writing: Ayan Nandy

Digital Material: Hariprakash K J

ARADHANNA MANOSWINI
MBBS 2020

THE RATH YATRA MEDICAL CAMP 2K22: SWASTHYA SEWA SE RASHTRA SEWA

NMO AIIMS Bhubaneswar, in a first of its kind initiative, conducted Medical Camps for 10 days back-to-back, from 1st July to 10th July at Puri, Odisha, which was certainly a dream come true for the entire team. The location of the camp was near Gundicha temple. A total of 1000+ beneficiaries availed services at the camp with over 100+ volunteers from across various medical colleges of Odisha. The on-site arrangements were done by Utkala Bipanna Sahayta Samiti (UBSS) while all the participant related facilities incl. transport, accommodation etc. were arranged by the hosting team of NMO AIIMS Bhubaneswar itself. On each of the days, a faculty or a resident, each accompanied the young medical students, who got a first-hand experience of ground realities in society and they could put their academic skills to use in real life clinical scenarios. In these camps, there were 3 broad categories of activities - preventive, curative and promotive. It was really a memorable and life transforming experience for almost every one of us who was directly or indirectly associated with this camp. And this is just the beginning, as NMO AIIMS Bhubaneswar looks forward to arranging more such wonderful and exciting events for our medical fraternity, the latest being the 114 medical camps to be organized on a single day (14th August) across the city of Bhubaneswar, as a tribute to the freedom fighters of this soil, on the auspicious occasion of "India @ 75: Azadi ka Amrit Mahotsav". We sincerely look forward to your enthusiastic participation in all of our upcoming activities. Together we shall build "Ek Bharat, Shresth Bharat, Sashakt Bharat".
Jai Hind!



MANAV CHAKRABORTY
MBBS 2018



On 24th July the students of Paramedical 2020 batch, arranged a farewell party entitled "RAABTA" for the final year students. The farewell party was an emotional roller-coaster for the senior batch. It included several performances by the juniors. Funny tasks and games were arranged for the seniors. RAABTA was all about cherishing the special bond shared between the seniors and the juniors. It was made fun and memorable for the senior batch. "Every new beginning comes from some other beginning's end". The juniors bid adieu to 19' batch seniors and wished them the best for their new journey.

RAABTA

-SHADA KHAN
PARAMEDICAL 2020

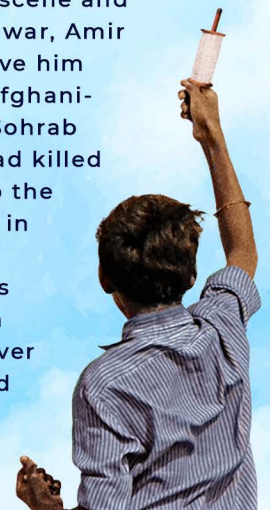


The Kite Runner



-ANSIYA KT
BSC NURSING 2020

The way Afghani writers present their nation on paper is absolutely breath-taking. Books by Afghani writers, both from Afghanistan and in the diaspora, especially those of Khaled Hosseini, splendidly portray the people and culture of Afghanistan. The people come out as living, breathing warriors, and not just mute victims. Their sorrows and their happiness are equally celebrated. 'Kite Runner' is one such beautiful book written by the fabulous writer Khalid Hosseini, which depicts the story of two boys in Afghanistan, and Afghan immigrants in America. It also explores the history of the rise of the Taliban in Afghanistan. The Kite Runner is set in Afghanistan during the Soviet military intervention. Amir and Hassan are the main protagonists of the story. The other characters of the story are Amir's father (Baba), Hassan's father (Ali). Amir and Hassan are best friends, notwithstanding the fact that Hassan and his father Ali work as servants in the house of Amir's father. They are young and apt to compete in kite competitions. One day, during the kite competition Hassan is bullied by Assef, who is envious of his talent to run down kites, and he beats and rapes Hassan. Amir being in the vicinity, could help his friend. However, he tries to ignore this scene and runs from that place. With the emergence of Russians in Afghanistan and with the start of the war, Amir with his father fled to San Francisco in the United States. However, his conscience does not leave him alone. He suffers from the guilt of his negligence towards his childhood friend. He returns to Afghanistan knowing about the disasters with Ali and Hassan. Amir finds in Kabul, the son of Hassan, Sohrab and tries to communicate with him. He also meets his wife. During the Taliban invasion they had killed Hassan and his wife and Sohrab was sent to camp. From there Amir saves him and takes him to the US. The book is really touching and creates a picture of lost hopes and the significance of duty in friendship. The book describes several themes. Some among them contemplate the themes of betrayal, choices, forgiveness, friendship, guilt, love, honour, immigrant experience, truth, class distinctions etc. The class difference which separated Amir and Hassan is the antagonist which caused Amir to ignore the needs and sufferings of Hassan. The story is fast-paced and hardly ever dull, and introduced me to a world – the world of Afghan life – which is strange, fascinating and yet oddly familiar all at the same time. Hosseini's writing finds a great balance between clarity and power. The story itself is brilliantly constructed, and explores the very art of storytelling.



एक वीर ज़वान

आज के कुछ लफ़्ज़ हमारे वीर जवानों के नाम जो मर मिटते हैं वतन पर बिना ज़ारी किए फ़रमान ...

- किसी गजरे की खुशबू को महकता छोड़ आया हूँ... मेरी नन्ही सी चिड़िया को चहकता छोड़ आया हूँ... मुझे गले से लगा लेना मुझे गले से लगा लेना हे भारत मां, मैं मेरी मां की बाहों को तरसता छोड़ आया हूँ ॥...
- जिस आंगन का चिराग बुझा होगा उस घर की दीवारें भी रोई होंगी, खोया है जिन मांओं ने लाल अपना न जाने वो माएं कैसे सोई होंगी न जाने वो माएं कैसे सोई होंगी ॥
- टूटी चूड़ी किसी की उजड़ा सिंदूर... खो दिया बेटा किसी मां ने, उन बच्चों से बाप भी दूर हुआ होगा किसी बहन का... त्यौहार भी सूना हुआ होगा के किसी बहन का... त्यौहार भी सूना हुआ होगा ॥ जिस दिन वह वीर भारत मां की गोद में सोया होगा उस दिन तो सारा शहर रोया होगा सारा शहर रोया होगा ॥

- ऋणी है हम उन जवानों के, जो सरहदों पर जीवन बिताते हैं । फ़र्ज़ के नाम पर देखो, कैसे वे वीर मुस्कुराकर मौत को गले लगाते हैं । ।
 - रौशनी होगी बस चिरागों को जलाए रखना, लहू देकर जिसकी हिफाज़त हमने की, उस तिरंगे को सदा दिल में बसाए रखना ॥ उस तिरंगे को सदा दिल में बसाए रखना ॥
 - ज़माने भर में आशिक मिलते हैं कई मगर वतन से खूबसूरत कोई सनम नहीं होता, नोटों में लिपट कर, सोने में भी सिमटकर , मरे हैं कई... लेकिन तिरंगे से खूबसूरत कोई कफ़न नहीं होता ॥
- जय हिन्द जय भारत

-MAFI DEVI
4TH YEAR BSC (HONS) NURSING

Cross Puzzle

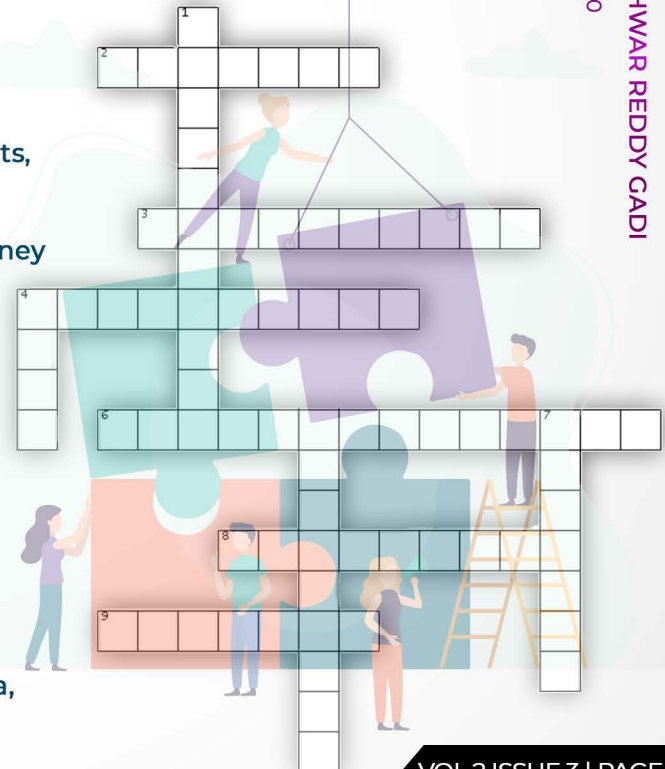
-VIGNESHWAR REDDY GADI
MBBS 2020

ACROSS

2. We all wanted them. Deadpool too!
3. Guess our Christmas presents were bought by our parents, after all. We all thought it was someone else, didn't we!
4. How many of us have gone to bed and woken up with money under the pillow?
6. "I'm a high functioning sociopath," - really?
8. Locomotor, but make it less muggle-ish
9. You're a- bloodsucking monster! Love your cape tho.

DOWN

1. Shucks! If only I could change my past.
4. Exam aa gaya, yeh toh gaya.
5. If only I could find one, magical, rabbit hole.
7. Should have known better than to make a deal with Ursula, heh



ABDOMINAL MIGRAINE

Abdominal migraine is a variant of migraine primarily affecting children. It mainly causes episodes of abdominal pain without accompanying headache.

SIGNS AND SYMPTOMS:

Abdominal pain, nausea, vomiting, loss of appetite.

CAUSES:

Common triggers may cause this. Psychological stress, poor sleep, exposure to bright light, and skipping meals can act as triggers.

DIAGNOSIS:

There is no diagnostic test to identify abdominal migraines. It is diagnosed based on symptoms. Diagnosis is made based on family history of migraines and by eliminating other possible diseases.

DIAGNOSTIC CRITERIA FROM THE INTERNATIONAL CLASSIFICATION OF HEADACHE DISORDERS:

- At least 5 attacks fulfilling criteria B-D.
- Attacks of abdominal pain lasting 1-72 hours (untreated or unsuccessfully treated)
- Abdominal pain having all of the following characteristics:
 - Midline location, periumbilical or poorly localized
 - Dull or "just sore" quality
 - Moderate or severe intensity
- Two of the following symptoms during episodes of abdominal pain:
 - Loss of appetite
 - Nausea
 - Vomiting
 - Pallor
- Not attributed to another disorder.

TREATMENT:

Short term treatment with analgesics. Pizotifen, propranolol may be used in rare cases.

PROGNOSIS:

Abdominal migraine can have a significant impact on day-to-day life. Children may miss school or other activities. It resolves itself in many patients. Prognosis is generally good in children, but variable in adults.

M.SC. NURSING EXAM 2022 RESULTS

ANURUPA SARKAR	AIR 3
TANIA MISHRA	AIR 7
JYOTI	AIR 14
TRIPARNA HALDER	AIR 27
SASWATI PARICHHA	AIR 48
SHREYASI DUTTA	AIR 56
ANNAYSHA MONDAL	AIR 68
SANCHARI ROY	AIR 123
BLAXMI PATRO	AIR 144
AYANTIKA CHANDRA	AIR 146
REEYA MAJHI	AIR 154
RIYA MONDAL	AIR 179
ANSHU RANI	AIR 195
DEBARATI CHAKRABORTY	AIR 221
SANDHYA KÜLLU	AIR 237
CHANDRIKA MOHANTA	AIR 280
CHANDNI SONGARA	AIR 284
DEEPIKA MAURYA	AIR 331
PRIYANKA SINGH	AIR 379
TAMANNA KOLEY	AIR 407
SANANDA CHAKRABORTY	AIR 428

Congratulations

QUIZZARD OF OZ WINNERS



1st
Avik Mandal
MBBS 2020



2nd
Aradhana Manoswini
MBBS 2020



3rd
N Omkar Choudhary
MBBS 2019