

WHAT'S INSIDE?

POPCON	1
INDEPENDENCE DAY	2
INTERMEDICS CRICKET	2
SANSKRITI	3
GANESH PUJA	3
TRAVEL VLOG	4
PANACEA	5

THE MED-ECHOES

POP CON 2022

13th August saw the Campus of AIIMS Bhubaneswar abuzz with wide smiles and dancing eyes on the occasion of Pop Con, an all-inclusive alternative of the very popular event, comic con held at various parts of the world. Pop Con was not limited to comics as the entire Student's body dressed up as their favourite characters from Comics, TV shows, Web series, anime and what-a-not.



EDITORS

SHADA
AMLAN

DESIGNERS

ABHINAV
KARTHIKEYA
HARINE
VETRI
ADHITYA

The eventful day began with a very fascinating treasure hunt, "CLUE HUNT" which tested not only the knowledge of the participants over all sorts of shows and movies but also their ability to please the crowd with their improv dancing skills!

It was followed by a mesmerising and energy filled performance by Legato whose tunes allowed the guests to regain some of their calm before the real storm began.

This was followed by the final round of the "GAME OF GOTHAM", an all-inclusive quiz which was the crux of the event organised by ABQC, the AIIMS Bhubaneswar Quiz Club. The questions puzzled both the participants and the audience and every nook and cranny of the entire entertainment industry was explored.

Food stalls were also available where the crowd could fill their stomach and quench their thirst with delicious food and drinks without having to miss out on any minute of the fun filled evening.

Finally, the organising committee set the atmosphere ablaze with the DJ night where -all the dressed-up members lost all their inhibitions and danced their hearts out, shouting and laughing and moving their body with all their might until they could not anymore.

-Arjun Singh
MBBS 2021



A dream reached its culmination 75 years ago at the stroke of midnight - a dream of a free country where all Indians could cohabit in harmony without the threat of wrongful oppression and injustice. This dream that was conceived in the minds of our revolutionaries, has been kept alive through the years by Indians across the country. As the future of this country, we the youth, on whose shoulder rests progress and development, find the occasion of Independence day singularly significant - It forces us to acknowledge our privilege and be grateful to the sacrifice of the thousands that came before us, propelling us to perform our duties to our motherland. The unfurling of the tricolour flag is much more than a symbol of nationalism, It is the very spirit of our country - the three colours each standing for the values imbued in our Constitution. We at AIIMS BHUBANESWAR were extremely enthusiastic at the prospect of being able to celebrate "Azaadi Ka Amrit Mahotsav."

We began the day with a walkathon-hundreds of students marched outside the hospital holding placards and slogans-Intending to spread awareness about the hazards of smoking and encouraging people to quit. Students came up with a multitude of catchy slogans that were sure to reach the people. In the evening, following a speech by one of our students the national flag was hoisted with due ceremony. A few days prior, many competitions such as poster-making, slogan-writing and a debate had been held and the themes for all being closely related to independence and what it meant in the modern day world. The debate questioned the effectiveness with which prior governments had managed to safeguard our fundamental rights -like the freedom of speech and expression. The criterion for holding legislative office was also heavily argued upon. Artists from all batches gathered at the poster making competition and their creativity unleashed at the task of pictorially representing the importance of Independence day. It was certainly an eventful day, with every minute spent well

A day of such massive importance deserves reverence, recognition and participation and we at AIIMS BHUBANESWAR surely did our bit.

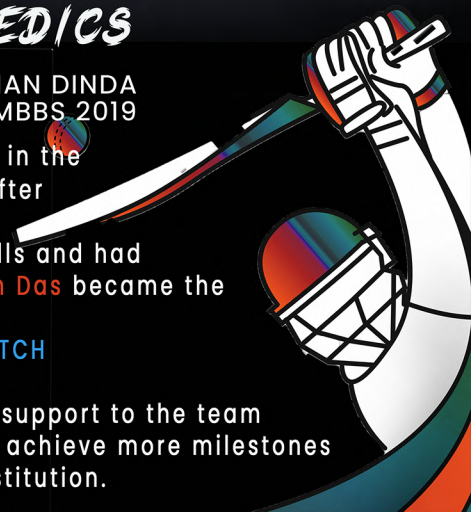
76TH INDEPENDENCE DAY @AIIMS BHUBANESWAR

-SANJIVANI
MBBS 2021

AIIMS BBSR SHINES IN KIMS INTERMEDICS CRICKET TOURNAMENT

-SOHAN DINDA
MBBS 2019

AIIMS Bhubaneswar Cricket team continued its glory by winning the RUNNERS UP trophy in the cricket tournament held in KIMS, Bhubaneswar. The team carved its way to the finals after defeating all the opponent teams of bhubaneswar in league matches. In the breath taking battle of the finals, **Avinash** played a crucial role by scoring 21 runs in just 11 balls and had almost opened the doorway to success. Apart from the runners up trophy, **Malay Ranjan Das** became the **BEST BATSMAN** of the tournament and BEST FIELDER award was won by captain **Ashirbad Behera**. Moreover, **Indramani Majhi** was designated as **MAN OF THE MATCH** in the match against Hi-Tech medical collage, Bhubaneswar. Sports secretary of SAAB, **Chinmay**, motivated the players and gave his whole hearted support to the team along with the students of AIIMS by their gracious presence. The cricket team hopes to achieve more milestones under the guidance of **Dr Deepak** (faculty in charge, cricket) and the support of the institution.



SANSKRITI

Aug 6 became another beautiful day to be added to our memories when our college turned to full desi mood on the occasion of Ethnic day- Sanskriti 22'.

Students came dressed up in various traditional attires to celebrate this occasion. The highlight of the day was the Mr and Ms Ethnic competition. The day started with the first round of this competition which was the ramp walk round where participants showcase their finesse and elegance on the stage. The stage was then lit on fire with a ramp walk for the audience. The other rounds of the competition were: a hookstep round where contestants dance to the hookstep of a hit song, a spin the wheel round where each participant got a task, and ended with a question answer round by the judges. All the rounds were full on entertaining and the contestants captured everyone's heart with their performances. In the end Ashley Varghese of MBBS 2020 and Devika Sajeev of MBBS 2020 got crowned as Mr and Ms Ethnic respectively.

Last but not the least there was a DJ night where everyone set the floor on fire.



-Hari Ganesh V
MBBS 2019

GANESH PUJA

The Students Association AIIMS Bhubaneswar(SAAB) organized Ganesh Chaturthi puja on 31st August, 2022, with great zeal and enthusiasm. Preparations for the same were on full swing from the week before, culminating with the arrival of the idol of Lord Ganesh in the late evening, on the 30th of August.

On the auspicious day, volunteers joined hands to prepare prasad for the puja. The classes of all the batches of all the streams were suspended from 10:00 am to 1:00 pm, to allow energetic participation of all and sundry.

The auspicious flame burning, with the recitation of the religious hymns filled the entire atmosphere with devotion. The sight of all the aesthetically driven students, dressed up in ethnic wear was breath taking. The rites culminated with the distribution of the prasad to everyone, with the limelight being the arrival of the academic dean. The Dining halls also showered their love, by the induction of special lip smacking menu for lunch, where all the faculty and residents were also invited to join in.

The evening was made special, with a fun filled programme, graced by the special performances of many students. It was also interspersed with many games. The cultural programme culminated with the entralling Disco night, which made everyone dance their hearts out and move to the beats of the music. The event was brought to picture, thanks to all the members of SAAB, led at the helm by Devika N Nair, the secretary of THROBB, along with support from all teaching and non teaching staff. The students of all the batches and streams, the heart and soul of the college, were instrumental in making this event a grand success.

-Debanjan Ruj
MBBS 2021



KORAPUT – A PLACE THAT FORGOT TO AGE

It was 4:15am and we had already crossed Rayagada station. We got into a place which had a striking similarity to what we had seen only in reels. It was a bridge so high that we could only see a small stream of water underneath. Before we could wrap our minds around this, we were headed into complete darkness. Yes we were in the Maliguda tunnel. The track between Rayagada and Tikri had a lot of tunnels, cloud clad mountains with small lantern lit villages in the basins. We were eager about what would be there in Koraput, if the train journey itself was so beautiful. At around 7:30 am we reached Koraput Town, checked-in in a hotel, freshened up, had a world class puri-upma breakfast and set out.



On the day one in our bucketlist we had the Rani Duduma waterfall and the magnificent Deomali range. Rani duduma is near Nandapur village, situated 26 km from Semiliguda and 45km from Koraput Town, easily accessible by vehicles. It's a favourite place for picnicking, having a beautiful park nearby and surrounded by hilly forests. But beware of the stream force as it falls into a great depth. Making up our mind not to settle there we set out for Deomali.



There were grasses, ferns and horsetails all around and a little above there were cycads, conifers and ginkgo and the mosses to be found at the top only. The weather started getting misty. Little later we realized that those were not just mists but clouds. It was cool and soothing. The dream came true. 1672m above the sea level we were at the highest peak of Odisha. The vehicles were parked near an observing point and to the top one has to climb Deomali, the place which every Odia young adult must have dreamt of- the pride of Koraput. Situated 45 km from Nandapur and 61 km from Koraput Town. As we were travelling along the Kunduli-Renga road we entered into lush greens and vast stretches of mountains. As we were going up along the zigzag road slowly the trees were getting replaced by bushes and grasses. The villages we passed by were inhabited by people who didn't seem to age. Far from modernisation and nearer to the nature they seemed to be gifted by anti-ageing formulae. Gradually we started hearing

less as if something was pressing upon our eardrums but not enough to cause pain. It was the altitude. Breezes were hitting and chilly (only if he/she is fit enough) to get the fullest. This little trekking was all worth it when we reached the top. As far as the eyes could go there were mountains and peaks.

P.s.: We needed to record lots of videos of the vast stretches of mountains as we couldn't place a video call-nil network.

We could sit there hour long getting on "the top of the world" vibes. But the only thing we didn't like that we had to return. As we were returning it started raining. Later we were told that it had been already raining but as we were on the top above the clouds it wasn't raining there. The roads get slippery on the way down. And this is how the first day trip ended with bliss.

The day 2 began with the slumber of the booze last night (I'm still a teetotaler). The first spot was the Gupteshwar Mahadev temple in the rumbles of shredded sedimentary rocks. The cave Shrine of Gupteswar nestles on a lush green hill 80 Kms away from Koraput, amidst deep forest. The Cavernous interior of the Temple enshrines a huge 'linga'. The cave is a multi-chambered wonder. The heavily wooded valley all around is a heaven for the adventure loners and also for pot lovers. (Disclaimer: Advice not to try buttermilk there)

The next spot was the charismatic Duduma falls... Reaching there is a long thoroughfare through some of the maoist hit areas of Odisha. The valleys and the small seeping falls were of a great blessing to the eyes and an awestruck heart obviously. The waterfall looks amazing amidst the swollen upper and lower streams of Machkund. The stream turns into mist within no time and then again condenses to form a new stream cutting through the rocks in the valley. The viewpoint is just a big rock with a fence so see your steps! Or else meet you soon in the Kolab reservoir downstream Yes! This place was at par with deomali peak. Numerous mountains one after the other formed a lovely unending valley which really ended near the clouds.



The Kolab Hydroelectric project is the next spot (I warned, if you slip, we meet there). Tracing along the stream with the curvy roads is an adventure itself and the Dam really has a very calming scene all along. (Play with the bunnies they have there and collect some cones on the trees) The evening was all spent in the local market of koraput. Tried plum for the first time. In the end just one thought floats through my mind, I don't know if it's the climate or some genes, every person there felt so young as if they forgot to age.



That's the beauty of Koraput.
India's best kept secret.

–RAJ KISHORE BEHERA
MBBS 2019

PATHSALA
The Modern Indian Cafe



UNTIE.
THE KNOTS OF
TASTE.



CALL US:
+91 9938285376
Plot No- 38/1186, Khandagiri,
bbsr-751019



PANACEA 2.0

With an aim to continue the legacy set by our beloved seniors, the Academic committee Sapientia organised Panacea 2.0, sponsored by DAMS, a national level pre and para clinical mediquiz. This online quiz saw around 530 participants from all over the country. Conducted in 3 rounds over the week, the finals had a nail biting finish with just one point deciding the winners.

Cherry on the cake: There was one registration from Phillipines taking our quiz to international levels:)

TEAM PANACEA 2.0

- Subhiksha
- Iti Ipsita Raj
- Mahammad Riyaz
- Bimalaprada Binay
- Debashish Jena
- Sohan Dinda
- Ashmit Devan
- Shashwanth R

Digital support:

- Ayooj
- Aadarsh A Shrivastava
- Hari Prakash K J



Special credits to all those involved in PR and all other volunteers without whom PANACEA 2.0 wouldn't have been successful.

-D Subiksha
MBBS 2019



1ST



AMEY AMBIKE DEBAYAN BANERJEE

SETH GS MEDICAL COLLEGE

2ND



PHALAK DHAKA DEWANG AGARWAL

AIIMS RISHIKESH

When there's Pani puri for snacks at dh.

-@harineeee_



Aapke toothpaste me namak he kya?

-@_chakshu_

Together we're losers. Individually we don't make sense.

-@cold_war28

